

Emergency And Frequently Used Numbes

NL Government Lines:

911. Emergency Medical, police or mental health concerns

811 Urgent Mental Health concerns; medical advice

211 A service which directs users to a wide range of resources from food to mental health to housing

Emergency Housing Line
Avalon Office

1-833-724-2444
(709) 724-3400

	Phone Number	##
AI-Anon	(709) 722 - 2666	##
Addictions Recovery Center (Detox)	(709) 752 - 4980	##
Traumatic Stress Service	(709) 752 - 4929	##
Humberwood Treatment Center	(709) 634 - 4506	##
Triangle Social Center	(709) 579 - 2954	##
NL Health Services Province Wide/Health Science Center	(709) 777 - 6300	##
NL Health Services Province Wide/St. Claire's Hospital	(709) 777 - 5000	##
MHAC Mental Health and Addictions PAU Phychratic Assessment Unit	(709) 777 - 3021	##
Short Stay	(709) 777 - 0122	##
Janeway Foundation/Out Patients	(709) 777 - 4552	##
Narcotics Anonymous	(709) 728 - 9084	##
Gambler's Anonymous	Don C. (709) 687 - 7708	##
Gambler's Anonymous	Ann D. (709) 689 - 2756	##
Overeater's Anonymous	(709) 738 - 1742	##
Wiseman Center	(709) 739 - 8355	##
Sexual Assault Crisis Center	(709) 747 - 7757	##
Advanced Educational & Skills (Welfare Dept)	(709) 729 - 7888	##
Iris Kirby House	(709) 753 - 1492	##
Naomi House	(709) 579 - 8432	##
Emmanuel House	(709) 754 - 2072	##
Mental Health Crisis Line Center City	(709) 777 - 5622	##
Mental Health Crisis Line	811	##
Salvation Army The Salvation Army in NL - Atlantic Division	(709) 579-2022	##
Royal Newfoundland Constabulary	(709) 729 - 8000	##
Royal Canadian Mounted Police	(800) 709 - 7267	##
Children's Help Phone Line	(800) 668 - 6868	##
First Light (a.k.a. St. John's Native Friendship Center)	(709) 726 - 5902	##
Shanawdithit Shelter	(709) 726 - 5970	
Smokers Helpline	1-800-363-5864	
LifeWise Mental Health Warm Line	1-800-753-2560	locally: (709)753-2560
Frist Nations and Inuit Hope for Welness Help Line	1-800-242-3310	
Sexual Assault Crisis Line	1-800-726-2743	locally: (709)726-2743

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